

## THE PROBLEM:

- Over one-third of adults 65+ fall each year.
- Majority of falls involve environmental hazards in the home.
- Two-thirds of those who fell will fall again within six months.
- 20-30% of falls cause moderate to severe injuries.



Aaron Home Care recognizes the seriousness of falls and the role our home caregivers play in preventing them.

## SOLUTIONS:

### Step 1 – Needs Assessment and Home Inspection

Aaron Home Care does a complimentary, personalized needs assessment and home inspection to ensure safety.

#### Home Inspection Includes:

- Hygiene- Transfer benches, chairs, hand-held showerhead all need to be assessed.
- Grab Bars- Properly installed in high-risk areas.
- Toileting- Procedures and proximity for ease of use.
- Entrances & Pathways- Getting in/out, reducing tripping hazards.

### Step 2- Care Giving Training

A caregiver is chosen based on our needs assessment. Aaron Home Care schedules a training session with the client, caregiver, and therapist. This keeps consistency in transfers and exercise while providing a chance to regain a level of independence.

### Step 3- Supervising / Monitoring Progress

A formalized Care Plan is developed and monitored via frequent supervisory visits. This tracks complaints and progress to ensure we are providing the best services as promised!



Know someone who needs home care?  
**(619) 880-5522**  
[www.Aaron-Homecare.com](http://www.Aaron-Homecare.com)